I Wash my hands

1. Pump some soap onto your hands. Turn on the tap.
2. Scrub all over your hands, including in-between your fingers. Rinse your hands.
3. Dry your hands.
4. Put your waste in the bin!
Materials
- Fine glitter
- Moisturiser or hand sanitizer

Procedure
Mix a decent amount of very fine glitter with moisturiser or hand sanitizer and have children rub it into their hands. Explain to children that the glitter represents germs.

Have students move around the room, shaking hands and touching items in the classroom. Ask students to take note of what is happening. Are the glitter germs staying on your hand? Or are they being left on everything touched?

Ask students to wash their hands with water only. What happens? Try again with soap and water. What is more effective to remove the glitter germs.

Discuss and reflect with ‘Glittery Germs’ worksheet.
Glittery Germs experiment

Name: ____________________

This is what my hands looked like covered in glitter germs.

This is what my hands looked like after I washed them with just water.

This is what my hands looked like after I washed them with water AND soap.

From this experiment I have learnt...

________________________________________________________________________

________________________________________________________________________
Materials
- 3 slices of white bread
- 3 zip lock bags
- labels

Procedure
1. Place each slice of bread in its own zip lock bag and attach labels to bags.
2. Prepare each bread slice as follows:

   **Control:** Nothing to prepare. Do not touch.
   **Clean hands:** Have a student in your class wash their hands with soap and water and then dry hands well. Handle bread and then put back in bag.
   **Dirty hands:** Have many unwashed hands handle this piece of bread. You could even encourage students to rub their shoes or the ground before touching the bread. Seal back in the zip lock bag.

3. Display in a visible location and leave for 2 - 4 weeks.
Stinky Sandwich Experiment

At the end of the experiment, the bread slices looked like this...

Control

Clean hands

Dirty hands

From this experiment I have learnt...


Cut and paste the pictures, or draw a picture, to show the correct order for washing your hands. Add some details for each step.

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I'm a super Germ Fighter!

I will help keep my classroom germ free by...

Name: _____________________
When should I wash my hands?

Draw some pictures showing 4 different times you need to wash your hands.