



RUSSELL BYERS CHARTER SCHOOL NOVEMBER SNACK MENU

| WEEK # | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------|--------------------------------------|-------------------------------------|--|--|-------------------------------|
| WEEK #2 | | 11/1/2022 | 11/2/2022 | 11/3/2022 | 11/4/2022 |
| | 1 OZ PRETZEL TWISTS MEDIUM APPLE | 1 OZ CINNAMON GRAHAM GOLDFISH | 1 OZ WHOLE GRAIN WHEAT CRACKERS 8 OZ 100% APPLE JUICE | 1 OZ CHEDDAR GOLDFISH 1 OZ MOZZARELLA CHEESE STICK | 1 OZ CHEEZ-ITS 4 OZ YOGURT |
| WEEK #1 | 11/7/2022 | 11/8/2022 | 11/9/2022 | 11/10/2022 | 11/11/2022 |
| | 2 PK GRAHAM CRACKERS MEDIUM APPLE | 1 OZ PRETZEL TWISTS 8 OZ MILK | 1 OZ WHOLE GRAIN WHEAT CRACKERS 8 OZ 100% ORANGE JUICE | 1 OZ CHERY YOGURT CLOSED! | 1 OZ MILK CLOSED! |
| WEEK #2 | 11/14/2022 | 11/15/2022 | 11/16/2022 | 11/17/2022 | 11/18/2022 |
| | 2 PK GRAHAM CRACKERS 8 OZ MILK | 1 OZ PRETZEL TWISTS MEDIUM APPLE | 1 OZ CINNAMON GRAHAM GOLDFISH 8 OZ 100% APPLE JUICE | 1 OZ CHEDDAR GOLDFISH 1 OZ MOZZARELLA CHEESE STICK | 1 OZ CHEEZ-ITS 4 OZ YOGURT |
| WEEK #1 | 11/21/2022 | 11/22/2022 | 11/23/2022 | 11/24/2022 | 11/25/2022 |
| | 2 PK GRAHAM CRACKERS MEDIUM APPLE | 1 OZ PRETZEL TWISTS 8 OZ MILK | 1 OZ WHOLE GRAIN WHEAT CRACKERS 8 OZ 100% ORANGE JUICE | 1 OZ CHERY YOGURT CLOSED! | 1 OZ MILK CLOSED! |
| WEEK #2 | 11/28/2022 | 11/29/2022 | 11/30/2022 | ALL FRUIT CUPS ARE PACKED IN 100% NATURAL JUICE | |
| | 2 PK GRAHAM CRACKERS 8 OZ MILK | 1 OZ PRETZEL TWISTS MEDIUM APPLE | 1 OZ CINNAMON GRAHAM GOLDFISH 8 OZ 100% APPLE JUICE | | |