



RUSSELL BYERS CHARTER SCHOOL DECEMBER LUNCH MENU

WEEK #	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #2				12/1/2022	12/2/2022
					BTCSL-012
				BREAKFAST FOR LUNCH FRENCH TOAST STICKS with TURKEY SAUSAGE 1/2 C POTATO CUBES 1/2 C PEAS 4 OZ DICED PEAR CUP PC SF SYRUP 8 OZ 1% MILK	CHEESE PIZZA 1/2 C CARROTS 1/2 C PEAS 1 SVG WHOLE WHEAT ROLL FRESH BANANA 8 OZ 1% MILK
WEEK #3	12/5/2022	12/6/2022	12/7/2022	12/8/2022	12/9/2022
	BTCSL-003	BTCSL-014		BTCSL-016	BTCSL-001
	3 OZ CHICKEN SALAD 3/4 C FRESH BABY CARROTS PC RANCH DRESSING 1/2 C BERRY APPLESAUCE WG WHEAT BREAD 8 OZ 1% MILK	3/4 C MACARONI & CHEESE 1/2 C SCALLOPED TOMATOES 1/2 C GREEN BEANS 1 SVG WHOLE WHEAT ROLL FRESH GRANNY SMITH APPLE 8 OZ 1% MILK	3 OZ BUFFALO CHICKEN WRAP with 1/2 OZ MOZZARELLA CHEESE 4 each CELERY STICKS 1/2 C MIXED FRUIT 8 OZ 1% MILK	3 OZ SLICED TURKEY w/ GRAVY 1/2 C HERBED STUFFING 1/2 C GREEN BEANS 1 SL WHOLE WHEAT BREAD 4 OZ SEASONAL FRESH FRUIT CUP 8 OZ 1% MILK	1 OZ TURKEY & 1 OZ AMERICAN CHEESE on 1/2 WHOLE WHEAT PITA 3/4 C COLE SLAW 1/2 C MANDARIN ORANGES 8 OZ 1% MILK
WEEK #4	12/12/2022	12/13/2022	12/14/2022	12/15/2022	12/16/2022
	BTCSL-019	BTCSL-022	BTCSL-021		BTCSL-012
	3 OZ EGG SALAD 3/4 C MARINATED CUCUMBER SALAD 1/2 C MANDARIN ORANGES 2 OZ WHOLE GRAIN ROLL 8 OZ 1% MILK	2 OZ BREADED FISH RECTANGLES 3/4 C MAPLE GLAZED SWEET POTATOES 1/2 C BROCCOLI 1 SL WHOLE WHEAT BREAD 4 OZ MIXED FRUIT CUP 8 OZ 1% MILK	1.5 OZ GRILLED CHICKEN BREAST on WG WHEAT HAMBURGER ROLL 3/4 C 3 BEAN SALAD 1/2 C DICED PEACHES 8 OZ 1% MILK	PHILLY CHEESE STEAK 2 OZ STEAK SANDWICH & 1 OZ AMERICAN CHEESE 1/2 C BROCCOLI 1/2 C PEACHES 6 INCH CLUB ROLL 8 OZ 1% MILK	CHEESE PIZZA 1/2 C CARROTS 1/2 C PEAS 1 SVG WHOLE WHEAT ROLL FRESH BANANA 8 OZ 1% MILK
WEEK #1	12/19/2022	12/20/2022	12/21/2022	12/22/2022	12/23/2022
	BTCSL-001		BTCSL-004	BTCSL-006	BTCSL-002
	1 OZ TURKEY & 1 OZ AMERICAN CHEESE on 1/2 WHOLE WHEAT PITA 3/4 C COLE SLAW 1/2 C MANDARIN ORANGES 8 OZ 1% MILK	3 OZ POPCORN CHICKEN BOWL 1/2 C MASHED POTATOES 1/2 C CORN PC MUSTARD FRESH APPLE 8 OZ 1% MILK	1 OZ BEEF BOLOGNA & 1 OZ AMERICAN CHEESE on WHEAT BREAD 3/4 C VEGETABLE PASTA SALAD 1/2 C TROPICAL FRUIT MIX PC MUSTARD 8 OZ 1% MILK	3 OZ CHEESY LASAGNA ROLLUP W/ TOMATO SAUCE 1/2 C SPINACH & CARROTS 1/2 C WARM PEACH CRISP 1 SVG WHOLE WHEAT ROLL 8 OZ 1% MILK	1 OZ TURKEY HAM & 1 OZ AMERICAN CHEESE on 1/2 WHOLE WHEAT PITA 3/4 C FRESH CUCUMBER COINS PC RANCH DRESSING 1/2 C PINEAPPLE CHUNKS 8 OZ 1% MILK
WEEK #2	12/26/2022	12/27/2022	12/28/2022		
	CLOSED!	CLOSED!	CLOSED!	CLOSED!	CLOSED!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MENUS ARE SUBJECT TO CHANGE

ALL FRUIT CUPS ARE PACKED IN 100% NATURAL JUICE