






RUSSELL BYERS LUNCH MENU - APRIL 2023

WEEK #	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	4/3/2023	4/4/2023	4/5/2023	4/6/2023	4/7/2023	
<b>CLOSED FOR SPRING BREAK</b>						
	4/10/2023	4/11/2023	4/12/2023	4/13/2023	4/14/2023	
WEEK #1	BREADED CHICKEN PARMESAN WG PASTA SEASONED GREEN BEANS FRESH FRUIT  <i>Vegetarian: Cheese Lasagna Rollup</i>	FRENCH TOAST STICKS with TURKEY SAUSAGE PATTY TATER TOTS CINNAMON SCALLOPED APPLES PC SF SYRUP  <i>Vegetarian: Cheese Omelet</i>	ALL BEEF MEATBALLS with TOMATO SAUCE WG SPAGHETTI STEAMED CARROTS FRESH FRUIT  <i>Vegetarian: Cheese Ravioli</i>	GENERAL TSO'S CHICKEN BOWL with BROWN RICE SEASONED STEAMED BROCCOLI WARM SPICED PINEAPPLE   <i>Vegetarian: Chickpea Bowl</i>	CHEESE PIZZA SEASONED CAULIFLOWER PEAS FRESH FRUIT  <i>Vegetarian: Same As Above</i>	
	4/17/2023	4/18/2023	4/19/2023	4/20/2023	4/21/2023	
WEEK #2	 <b>Early Dismissal !</b> CORN DOG NUGGETS SWEET POTATO FRIES GREEN BEANS FRESH FRUIT  <i>Vegetarian: Veggie Burger with WG Wheat Hamburger Roll</i>	<b>Early Dismissal !</b> BEEF NACHOS REFRIED BEANS side bag of WG TORTILLA CHIPS WARM CHEESE DIP 4oz. PINEAPPLE CUP  <i>Vegetarian: All Bean &amp; Cheese Taco</i>	<b>Early Dismissal !</b> WG MACARONI & CHEESE STEWED TOMATOES SEASONED STEAMED BROCCOLI FRESH FRUIT  <i>Vegetarian: Same As Above</i>	<b>Early Dismissal !</b> POPCORN CHICKEN BOWL MASHED POTATOES CORN 4oz. MIXED FRUIT CUP  <i>Vegetarian: Italian Dunkers</i>	<b>CLOSED</b>	
	4/24/2023	4/25/2023	4/26/2023	4/27/2023	4/28/2023	
WEEK #3	CHICKEN NUGGETS  STEAMED CARROTS  TATER TOTS PC KETCHUP FRESH FRUIT  <i>Vegetarian: Cheesy Eggs</i>	BAKED PENNE PASTA with GROUND BEEF MEATSAUCE  SEASONED STEAMED BROCCOLI  WARM DICED PEACHES  <i>Vegetarian: Baked Rigatoni</i>	FRENCH TOAST STICKS with TURKEY SAUSAGE PATTY  TATER TOTS  CINNAMON SLICED APPLES PC SF SYRUP  <i>Vegetarian: Cheese Omelet</i>	BREADED CHICKEN SANDWICH  SEASONED STEAMED MIXED VEGETABLES  VEGETARIAN BAKED BEANS WG WHEAT HAMBURGER ROLL FRESH FRUIT  <i>Vegetarian: Veggie Burger</i>	FRESHLY BAKED ITALIAN DUNKERS WARM MARINARA SAUCE for dipping  GREEN BEANS FRESH FRUIT  <i>Vegetarian: Same As Above</i>	
						
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER						
MENUS ARE SUBJECT TO CHANGE						
ALL FRUIT CUPS ARE PACKED IN 100% NATURAL JUICE						